



TARA•KUIPERS  
CONSULTING

# TRAINING & EDUCATION

Developing the best in individuals and teams through workshops and classes to inspire growth and impact change.



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## Training & Education Overview



### My approach to training & education ensures:

- **We always begin with the end in mind.** The desired long-term change you hope to create for you, your company, organization or team guides all of our work together.
  - **Learning will be engaging, relevant and personalized** so everyone can participate, contribute and create individualized take-aways.
  - **Research and best practices will be at the forefront**, combined with lived experience, application and reflection.
  - **Everything we do is learner-centric.** Whether in-person or on-line, each experience is designed with YOU and your results in mind.
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#### What topics can we work on

**together?** From 1-hour 'lunch & learn' sessions to multi-day trainings, we can focus on a number of topics such as:

- Facilitation Skills
- Leading Through Change
- Social & Emotional Intelligence
- Managing Conflict
- Building Effective Teams
- Board Governance: Roles & Responsibilities of Boards
- Social Action: Understanding Community Change
- Bridging the Generational Divide

#### Your investment in facilitation:

- **TIME:** Your time spent with full focus and attention, is the most valuable investment you make in training and education.
- **COSTS:** All training is customized for the individual client, never pulled 'off the shelf.' Base rates begin at \$1750 for half-day and \$2750 for full-day. Variables include delivery mode (in-person or on-line), number of participants, length, timeline and materials/resources offered.

### If you are ready to begin, I am too!

Please let me know what you are curious about. We can schedule an initial consultation to discuss the purpose, hoped-for outcomes, logistics and other ideas about your upcoming training or education needs.